

ZGEEL 2daagse 26: Session: 1: COACH evaluation sheet for TEAM: AZV

Coachinfo: Warming up from: 07:10 untill 08:25. Teamleadmeeting @ 07:45 The listed starttimes are indicative!

Coaches: Claassen Benny HEADCOACH

Coaches: Verachtert Elke

Coaches: Torfs Agnes

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 08:40
Heat: 4/25 Lane : 4 Athlete: VERSTRAETEN DJURRE					Q-time: 01:34:94
PB (25m pool): 01:34.94 2370 Arendonk 21/12/2025					PB (50m pool): no time SB: 01:34.94 2370 Arendonk 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.05		01:34.94	
		00:46.05		00:48.89	
					

Coach feedback:

Event number: 1: 100M BACKSTROKE MEN 11+					Heat:12, starttime: 08:55
Heat: 12/25 Lane : 6 Athlete: LEMMENS NOAH					Q-time: 01:15:12
PB (25m pool): 01:15.12 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:17.66 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.66		01:15.12	
		00:37.66		00:37.46	
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 09:20
Heat: 2/25 Lane : 6 Athlete: PEETERS LENA					Q-time: 01:42:02
PB (25m pool): 01:42.02 Nijlen 16/11/2025					PB (50m pool): 01:39.96 SB: 01:42.02 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.52		01:42.02	
		00:48.52		00:53.50	
					

Coach feedback:

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Event number: 3: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 10:10
Heat: 3/18 Lane : 3 Athlete: WILLEMS IWAN					Q-time: 01:33:36
PB (25m pool): 01:33.36 2370 Arendonk 21/12/2025					PB (50m pool): 01:35.26 SB: 01:33.36 2370 Arendonk 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.88		01:33.36	
	00:43.88		00:49.48		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:13, starttime: 10:25
Heat: 13/18 Lane : 3 Athlete: KEISERS TIBO					Q-time: 01:03:78
PB (25m pool): 01:03.78 Antwerpen 12/10/2025					PB (50m pool): 01:04.45 SB: 01:03.78 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.43		01:03.78	
	00:29.43		00:34.35		
					

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 10:55
Heat: 6/42 Lane : 4 Athlete: VAN COTTHEM NIKA					Q-time: 01:22:18
PB (25m pool): 01:23.44 Nijlen 16/11/2025					PB (50m pool): 01:21.37 SB: 01:23.44 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.84		01:23.44	
	00:38.84		00:44.60		
					

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 11:00
Heat: 8/42 Lane : 3 Athlete: PEETERS LENA					Q-time: 01:18:10
PB (25m pool): 01:19.38 2370 Arendonk 21/12/2025					PB (50m pool): 01:17.26 SB: 01:19.38 2370 Arendonk 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.52		01:19.38	
	00:37.52		00:41.86		
					

Coach feedback:

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Event number: 5: 100M MEDLEY MEN 11+					Heat:7, starttime: 12:05
Heat: 7/28 Lane : 5 Athlete: VERSTRAETEN DJURRE					Q-time: 01:39:65
PB (25m pool): 01:39.65 Hoogstraten 28/09/2025 PB (50m pool): no time SB: 01:39.65 Hoogstraten 28/09/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:39.65	
	no time				
					

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:11, starttime: 12:10
Heat: 11/28 Lane : 4 Athlete: WILLEMS IWAN					Q-time: 01:22:73
PB (25m pool): 01:22.73 2370 Arendonk 21/12/2025 PB (50m pool): no time SB: 01:22.73 2370 Arendonk 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.73	
	no time				
					

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:16, starttime: 12:20
Heat: 16/28 Lane : 2 Athlete: LEMMENS NOAH					Q-time: 01:13:06
PB (25m pool): 01:13.06 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: 01:13.41 Hoogstraten 28/09/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.14		01:13.06	
	00:35.14		00:37.92		
					

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:23, starttime: 12:30
Heat: 23/28 Lane : 6 Athlete: KEISERS TIBO					Q-time: 01:05:96
PB (25m pool): 01:05.96 Hoogstraten 28/09/2025 PB (50m pool): no time SB: 01:05.96 Hoogstraten 28/09/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:05.96	
	no time				
					

Coach feedback: